

- ✓ *Scientific dispatch*
- ✓ *Tinnitus treatment*
- ✓ *Hollywood hearing*
- ✓ *BHC's newest member!*



Warren went to see his doctor for his annual physical. A few days later, his doctor saw Warren strolling down the street with a beautiful woman, and remarked that he looked great. Warren said, “Just following your advice, doc. Get a hot mamma and be cheerful.” Said the doctor, “I said you have a heart murmur – be careful!!”



*scientific dispatch >>>*

### ***COVID-19 and Hearing***

A year in, the research continues to show that infection with COVID-19 can lead to worsened hearing and/or tinnitus. Researchers suggest that causes could be blood clots, autoimmune response, or neural infections but admit that more rigorous testing is needed. These results were mostly obtained via self-reported questionnaires.

Ibrahim Almuftarij, Kevin J. Munro. **One year on: an updated systematic review of SARS-CoV-2, COVID-19 and audio-vestibular symptoms.**  
*International Journal of Audiology*, 2021; 1 DOI:

### ***Tinnitus Treatment***

We're proud to introduce our newest offering: Tinnitus Treatment. Tinnitus, pronounced (TIN-uh-tus) or (tin-NY-tus) is a common problem in which people hear noises inside their head (ringing, clicking, buzzing) that are not caused by an outside source. Tinnitus is frequently associated with hearing loss but can also exist when hearing is normal. For many people, it's an easy-to-ignore nuisance but there are others for whom tinnitus is a major concern.

Our protocol includes a comprehensive tinnitus assessment, a discussion of treatment options and appointments as needed for the treatment that is chosen. Some testing and treatment may be covered through insurance, and some will be an out-of-pocket expense.

Tinnitus treatment will be scheduled with Dr. Sarah Moore, who holds a Certificate in Tinnitus Management from the American Board of Audiology, and can be scheduled in either our Brattleboro or our Swanzey office. We are excited to be able to help this underserved population!

### ***Newer, smarter hearing aids!***

Hearing aid technology continues to grow by leaps and bounds. Oticon just introduced their newest model, More. More is the first hearing aid with a “deep neural network” or DNN. This hearing aid has been trained to recognize important sounds like a human brain does; their research shows that people using this system understand more speech with less effort. The More is currently only available in a rechargeable style.



## Hearing Loss, Hollywood-style

We have heard many questions about the Oscar-winning movie *The Sound of Metal*, which has local ties as the filmmakers/directors are Western Massachusetts natives. While it was very exciting for us to see Audiology and Deaf culture on the big screen, we would like to take this opportunity to point out *Two Very Important Points* (minor spoilers ahead):

- 1) If your hearing changes suddenly, it is considered a medical **emergency** that absolutely has treatment options (see our blog at [brattleborohearing.com](http://brattleborohearing.com) for additional information).
- 2) Cochlear implants, when needed, are almost universally covered by insurance.

### *Welcome Alison!*

Alison Ingram joined BHC in February 2021, as a receptionist in the Brattleboro office. She moved to New Hampshire in December of 2019 and has been loving it ever since. She keeps busy with her little farm of chickens, ducks and goats. Alison also has her furry friend Dakota, her dog, to keep her on her toes. She loves to go camping, hiking, skiing, running and all sorts of adventures. She is an adrenaline junky who rides motorcycles, looks forward to skydiving again and seeking thrill wherever she can find it.



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